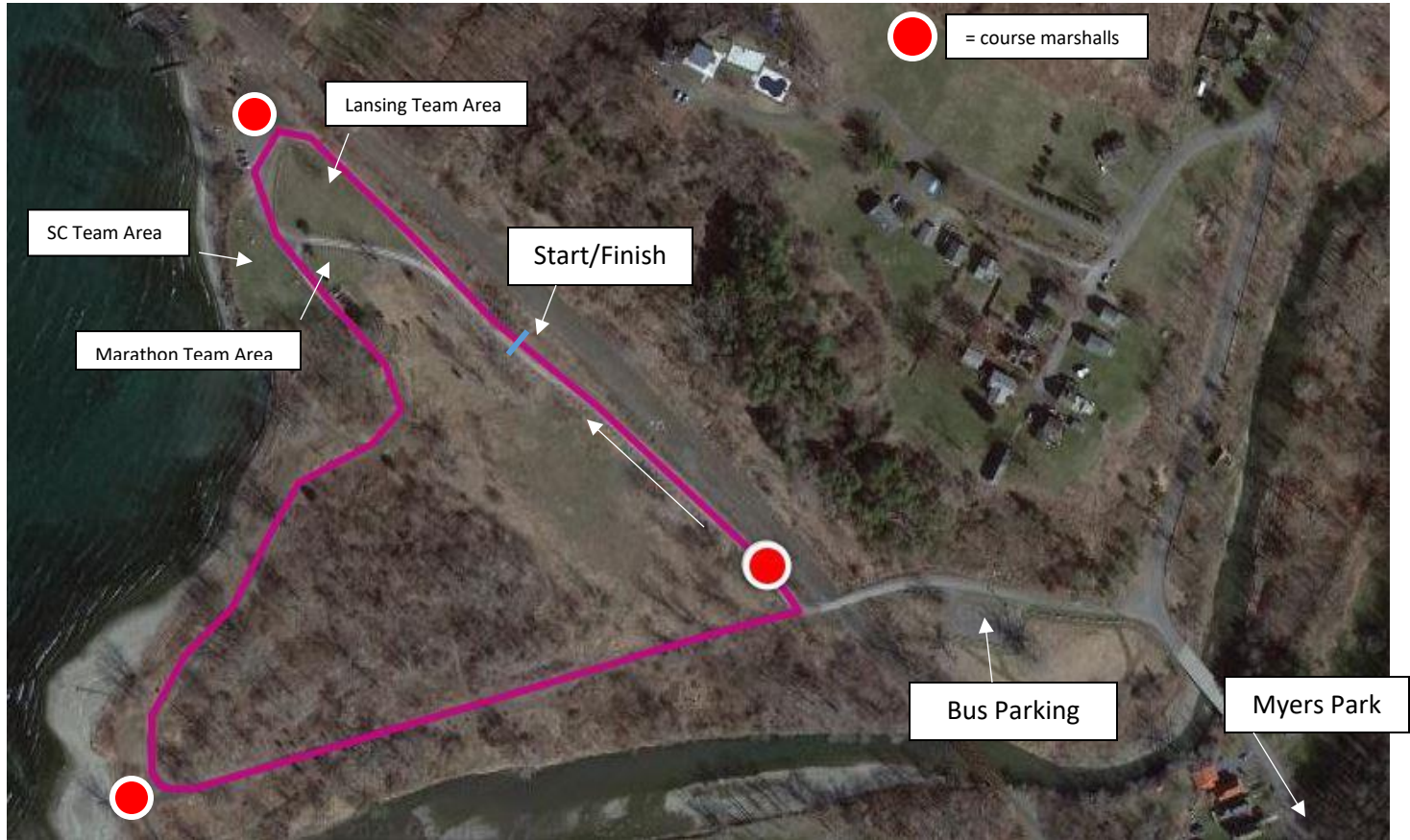


Proposal for XC Meet at Salt Point

Tuesday, April 13, 2021, 4pm



Meet Logistics:

- Bus from visiting team will park in fishing lot.
- **Requests** from Lansing Rec:
 - at least one portajohn for this loop
 - open gate
- Loop is 0.7 miles. Modified athletes run one or two loops (.7 or 1.4 miles). Varsity athletes run two or three loops (1.4 or 2.1 miles). Hosts will record all splits/times through start/finish; coaches should ensure that their athletes know how many loops they are supposed to run.
 - 4:00pm: Modified Race (boys and girls combined)
 - 4:30pm: Varsity Race (boys and girls combined)
- LXC will post masked volunteers at all three "corners" of the loop at a minimum.
- Recommend a start line on which each team may have two runners on line (followed by two, two, two, etc) from team, ordered by speed to limit overlap.
- Bibs will be distributed to ensure runners can move through finish area quickly. Teams may get these from the Lansing coaches. Please bring pins.
- No spectators allowed at Salt Point. LXC will have a photographer and share photos with visiting team. If spectators want to view, they must do so from Myers Park side.
- Lansing will walk down to park, parents will transport home from Myers Park.
- In the event that there is very inclement weather, we propose a delay to Wednesday. If inclement weather persists, we will cancel the meet.